

Ach na skia Croft - Useful Information

Grid reference N/M 65278 88000

PHONE & POST BOX	At the top of the hill by the Post Box. Post collected Mon.-Sat. 10.45a.m.
POST OFFICE	In Arisaig village and in Mallaig Spar shop.
FUEL	Nearest fuel is at Morar Motors, Morar – also repairs. Fuel also at the roundabout in Mallaig.
BANKS	Bank of Scotland and Royal Bank of Scotland in Mallaig, with cashpoint machines. There is also a cashpoint machine in the Spar shop in Arisaig
DOCTOR	Mallaig and Arisaig Medical Practice, Victoria Road, Mallaig. Open 8am-6pm Mon.-Fri. Clinic can be attended in either Arisaig or Mallaig. Tel. 01687 462 202
DISTRICT NURSE	Tel. 01687 462 203
DENTIST	Fort William: M&S Dental Care tel. 01397 712501.
VET	Fort William: Chris. Evans tel. 01397 702727. Collert Cottage, Victoria Road.
POLICE	Tel. 01687 462 177. For any emergency service dial 999.
BUSES	Shiel bus service Fort William to Mallaig. Bus stops at Back of Keppoch road end. See time-table.
TAXIS	Mary Morrison Tel. 01687 462 885. Franco 01687 462 800
INTERNET ACCESS	There is wi-fi broadband access in all properties – you will need to find the best spot, closest to the sauna porch where the router is located, in your property. The network is Tiscali “GUEST” and the code is 1020304050. There is also a service point at the Cnoc na Faire hotel, the Library in Mallaig and internet access at Rhu cafe in Arisaig.
LOCAL RADIO	Nevis Radio. 96.6, 97.0, 102.3 and 102.4 FM.
LOCAL WEATHER	Radio Scotland 92.4 - 94.7 FM. Weather reports and local news at 0654-0700, 0750-0800, 1254-1300 and 1654-1700. Forecast for climbers and hillwalkers; weekdays 18:57 - 19:00; Saturdays 07:02 - 07:05 and 18:25 - 18:30. Mountain and hill walker’s forecast www.mwis.org.uk . Snow and avalanche reports www.sais.gov.uk . For general weather www.metcheck.com is fairly reliable and includes Inshore waters forecast (Ardrnamuchan to Cape Wrath is our area) and mountain forecast. Also www.bbc.co.uk/weather/coast for coastal forecasts. BBC Radio 4 (92.5-95 MHz FM) Shipping Forecast at 00:48, 05:35, 12:50 and 17:50 daily. By phone: Weathercall Tel: 0871 200 3985 (Mon-Fri 9 a.m. to 5:30 p.m.)
TRAINS	Regular service and special steam train trips in summer, which run from Fort William to Mallaig and back. Station in Arisaig village. Go onto new road, turn right then first left and up the hill. Approx. 1 mile.
FERRIES & BOAT TRIPS	Day trips to Rum, Eigg and Muck from Arisaig pier with time ashore – see leaflet. Cal Mac runs ferries to Skye and the Small Isles from Mallaig. Bruce Watt also runs day trips to Knoydart etc. from Mallaig. “Brightwater” boat trip adventures from Mallaig to a range of destinations on Lachie’s fast RIB. Tel. 07747 034 767.
BIKES	Can be delivered on demand. Tel. 01687450 291
GOLF	9 hole course at Traigh, 1½mils. towards Mallaig on coast road. Clubs can be hired.
VOLLEYBALL	Net for guests’ use on field adjacent to chalets. Ball at house if you wish to borrow one.
BOULES	Pitch on field adjacent to chalets. Boules at house if you wish to borrow them.
SWINGS & SLIDE	In enclosed area in field. Suitable for younger children only. Use at your own risk. Children must be supervised and gate kept shut at all times.
TOYS	You are welcome to use and return any toys found in the Games Room.
FISHING	Boat hire for fishing on Loch Morar from Ewen MacDonald tel.462 520. Fishing permits for Loch Morar from hut on north side of loch. Sea trout can be caught in the river Caimbe at the end of our field. There are rainbow trout in the hill lochs above Mallaig.
VIDEO	We have a video player you may borrow (1 st . come 1 st . served). Video rental at Mallaig Spar shop. We have a selection of videos and DVDs you can borrow – see list in this folder.
NEWSPAPERS	Daily papers can be bought at Arisaig Post Office. Sunday papers at Arisaig Stores.

SHOPS	Spar in Arisaig Mon-Sat 8.30-6.00, Sun. 9.30-5.00. Open till 8p.m. during summer months. Co-op and Spar (butcher dept. in rear) in Mallaig, both open till 8 or 9p.m. Morrisons and small Tesco in Fort William.
CHURCH	St. Mary's Catholic Mass 10.30a.m., Church of Scotland 10.00a.m. Sundays.
RUBBISH/RE-CYCLING	Wheelie and re-cycling bins against barn wall opposite Lodges. Wheelie bins emptied Tuesdays. We do not have a re-cycle collection so you could help cut our carbon footprint further by taking your rubbish for recycling to the bins yourself if you are going out. Bottle, paper and can banks in Arisaig just past hotel and in Mallaig car park by the Hall.
GAMES ROOM	At to rear end of barn. Pool Table and 2 boards which can be put on top to make a table tennis table. Security code for door is in inside cover of this folder. Please ensure door is shut securely at all times and that the plastic cover is put on when you leave. Heat and light on £1 coin meter. Please ensure children are aware of Games Room Rules (in this folder and in Games Room)
SAUNA & STEAM SHOWER	Entrance via wooden porch at near end of barn. Payment by drop coin timer. Average cost per sauna/shower £6-£9 for exclusive use of sauna. Full information in folder.
BEACHES	To get to the nearest beach go down the road towards the river, over the bridge and first left along the track and through the campsite. There is a beach at the end of the Back of Keppoch road, before the campsite on the right - ¾ml. Camusdarach beach, as seen on "Local Hero" and Refuge Beach ("The Highlander") are 3mls. towards Mallaig on the coast road, on the left. You will see a car park. Silver Sands of Morar are a little further on - you will see small car park and toilets on the left. Traigh beaches – next to the Golf Course - 1½mls. towards Mallaig.
WALKS	There are many good walks in the area. Here are some to try –or join one of our Coastal Ranger's guided walks.
Creag Mhor mast:	Creag Mhor is the hill behind us. Take the Kinloid road, either left off the new road on the way to Arisaig, or from opposite the Catholic Church (on foot only). Follow the track until you come to a track heading right, under a bridge, just after Kinloid farm. The track then goes up steeply to the mast, from where you can see the Outer Isles on a clear day.
Scamadale:	Follow directions above to start, but keep going on the dirt road which leads eventually, without too much strain, to the south side of Loch Morar. 3-4hr. round trip. You cross the railway lane on the way and this is a good vantage point for seeing the steam train pass at around 12.30 on its way to Mallaig.
Morar Cross:	Purely for the view – not really a walk, just a short, sharp climb up the steps to the cross, which is a spectacular vantage point for Loch Morar, the Small Isles and the surrounding area. Park in the parking place just before the railway line in Morar village and you will see the steps.
Mallaig Circular Walk:	For the faint hearted. A fairly gentle stroll starting from East Bay, where it is sign-posted up steps, up the glen to Mallaig Vaig and back down the road to town. Good views over Loch Nevis to Knoydart.
Tarbert:	Not for the faint hearted. Take a picnic. This can be tackled two ways: either drive to the end of the road along the north side of Loch Morar and park, then walk along the loch a long way until the track heads off to the left through to Tarbert on Loch Nevis, where there are a few houses, turn around and come back (4-6hrs. depending on speed!) Or: leave your vehicle at a chosen point, say Bracora, walk to Tarbert to arrive by 3.30p.m. to catch Bruce Watt's cruise back to Mallaig (Mon., Wed., Fri. only) then find your way back to your car. Book with Bruce tel. 462320. Dogs are not allowed on this path.
EATING OUT:	Cnoc na Faire up the hill serves good food in the bar or in the dining room (booking required). Children can eat in the bar before 7.30p.m. Arisaig Hotel serves bar meals and has a dining room. There is a playroom for children. Cafe Rhu in Arisaig serves food during the day and is a pleasant place to hang out if it rains (hardly ever obviously!) Old Library Lodge, next to Arisaig Post Office, serves food all day. In Mallaig there is the Fish Market, the Cabin, the Backpackers, the Clachain, the Steam Inn, the Marine Hotel, the Cornerstone Cafe, all of which serve meals.
TAKING OUT:	Don't miss trying a delicious and authentic Thai take away from Sunset in Loch Morar tel. 462259. She needs 2hrs. warning and doesn't cook on a Monday. See menu in this folder. Indian restaurant and take-away next to the Central Bar in Mallaig. There is a fish and chip shop behind the Cabin and also across the road from there behind the Cornerstone Café.