

Walk description:

Glen Mama is a wide valley with high mountains alongside. Loch Mama is a terrific place to lunch on a warm day. Although quite an easy walk, you are advised to wear boots - some parts are boggy. The walk sets off from Glen Mama Farm near the main road and climbs through an ancient oak woodland, sadly now much thinner than in former times. The first few hundred yards are a joy for kids because the route crosses the river so many times on bridges, trees, fords and stones (those who don't want to play can stick to one bank - most of the time!) There is a steeper section with rapids and pools before the route crosses the burn again on stepping-stones, before arriving at Loch Mama.

Access information:

The A830(T) from Fort William to Mallaig runs past Glen Mama Farm on a new stretch of road. There is a small lay-by 100 metres west of the farm track on the north side of the road, or a gate with standing room for one car at one side on the south side, just about opposite the farm track. Please do not park in the track to the farm without seeking permission first.

Additional info:

For those who want more - the route can be linked to Walk 955 by following the side of the lochs heading east with a climb at the far end. (Those interested in this link will find it easier to come the other way - i.e. do 955 first then link to this one). It can also link with 959 by crossing a ridge and returning via Glen Beasdale.

Start grid ref: NM734841**OS map:** Explorer 398: Loch Morar & Mallaig**Walk length:** 6.21 miles**Duration:** 120 minutes**Height gain:** 100 metres**Contributor:** Jim Lowery**Weathercall:** Get a local forecast for this walk.

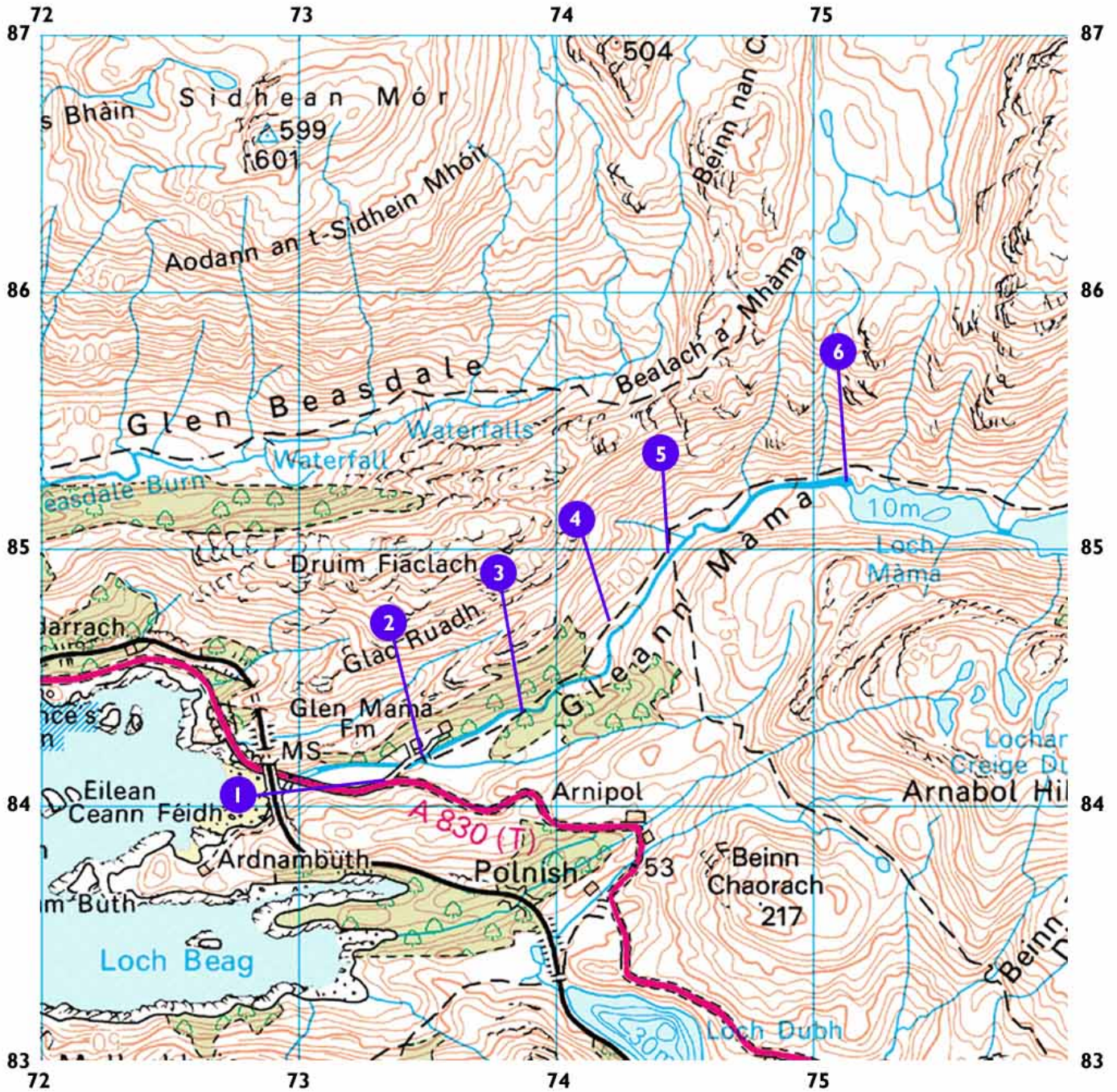
Call 09068 020 525 from your phone or mobile. Or dial 09065 22 45 06 from your fax machine to receive a fax.
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Features:

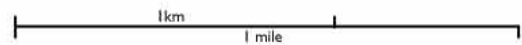
- Mountains
- River
- Wildlife
- Birds
- Flowers
- Great Views
- Woodland







1:50 000 (x2)

Glen Mama - Loch Mama



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- 1**  View from the gate opposite the farm entrance, looking north-east. Cross the A830(T) and continue along the track past the farm. As the track turns left to the house, our route goes straight on to a wooden bridge. (Grid ref: 734841)
- 2**  Wooden bridge. Cross and walk with the burn on our left under electricity cables. Go through a gate and those who wish can cross the burn again on two tree-trunks, continuing on the path until we cross again at a ford (mere mortals can continue for now on the same side to the ford). Here the burn splits into a wide bed and you need to cross it a few more times until you approach oak woodland, when you will find the path gently begins to climb at the side of the valley with the burn on your right. (Grid ref: 735842)
- 3**  Woodland. Continue along the track to the left, which approaches the burn and begins a gentle ascent with the burn immediately right. Clearing the trees, the path climbs more steeply away from the burn, levels for a while then descends towards the burn again. (Grid ref: 738843)
- 4**  Near the burn looking up the valley. Continue on a clear, more gentle track up the valley towards a junction of paths. There are pools and rapids in the burn here. (Grid ref: 742847)
- 5**  Junction of paths. The map shows the route swinging widely left at this point before returning to meet Loch Mama. It is not so easy to follow from here. Our route crosses these stepping-stones and continues towards Loch Mama alongside the burn, having met the path across the hill from Lochailort, clearly visible as you cross the stepping-stones. (Grid ref: 744849)
- 6**  Our walk pauses here before returning to the start over the same path (don't forget to go back over the stepping-stones or you will end up in Lochailort!) It is possible to continue along the north shores of the lochs and climb through the col and over to follow the route described in Walk 955 though this is not recommended for younger children (indicated by the arrow). (Grid ref: 751853)